

*Navigating a Successful Voyage
to
Academic Success*

Education Materials

Students

Math Study Skills
Math Study Skills Evaluation
Online Math Study Strategies
Online Readiness Survey
General Study Skills
Test Taking
Test Anxiety
Strategies for First Year of College
Improving Memory

Educators/Advisors

Resources for Retention Initiatives
Resources for Math Instruction
Resources for Advisors/Counselors
Improving Classroom Teaching & Learning
Learning Assistance Training and Materials
Learning Disabilities Training and Materials
Resources for First-Year Experience
Strategies for Wounded Warriors (Veterans)

Academic Success Press, Inc.
www.academicssuccess.com

3547 53rd Ave. W, PMB 132 Bradenton, FL 34210

Since 1985, the Academic Success Press, Inc., senior consultants and team have contributed their expertise to helping institutions and individual educators provide productive learning experiences for their students.



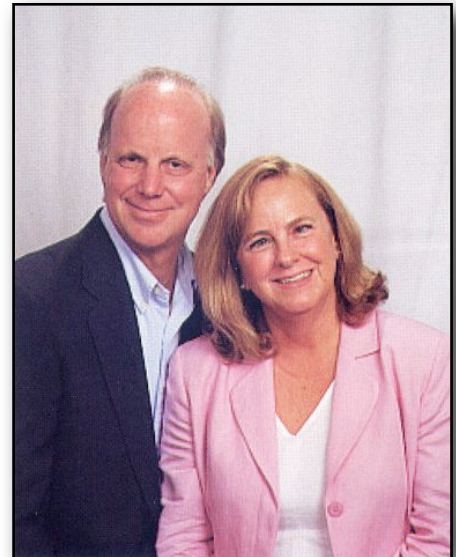
Education is the door of opportunity for everyone to achieve their academic and career goals, attain their desired lifestyles, and become educated citizens. In order to realize this opportunity, educators must provide outstanding learning experiences, effective support services, and wise administrative leadership.

Our goal is to help each student navigate a successful voyage through college in order to discover success and the meaningful life it can provide.

In addition to these catalog products, Academic Success Press, Inc., senior consultants also provide training in:

- Retention Initiatives
- Quality Enhancement Plans
- Developmental Education Teaching, Assessment & Program Developments
- Math Classroom Teaching
- Math Study Skills Courses and Other Support
- Classroom Teaching and Assessment
- Learning Disabilities, ADHD, TBI
- Wounded Warriors (Veterans) Retention
- Learning Styles
- First-year Experience

For More information about the senior consultants and professional development opportunities, visit www.academicsuccess.com



Paul and Kim Nolting

Paul and Kim Nolting work together as a team to provide consulting and products to improve student success. Their different backgrounds and areas of expertise blend together to help universities and colleges in various areas.

Academic Success 2012-13 Educational Material Catalog

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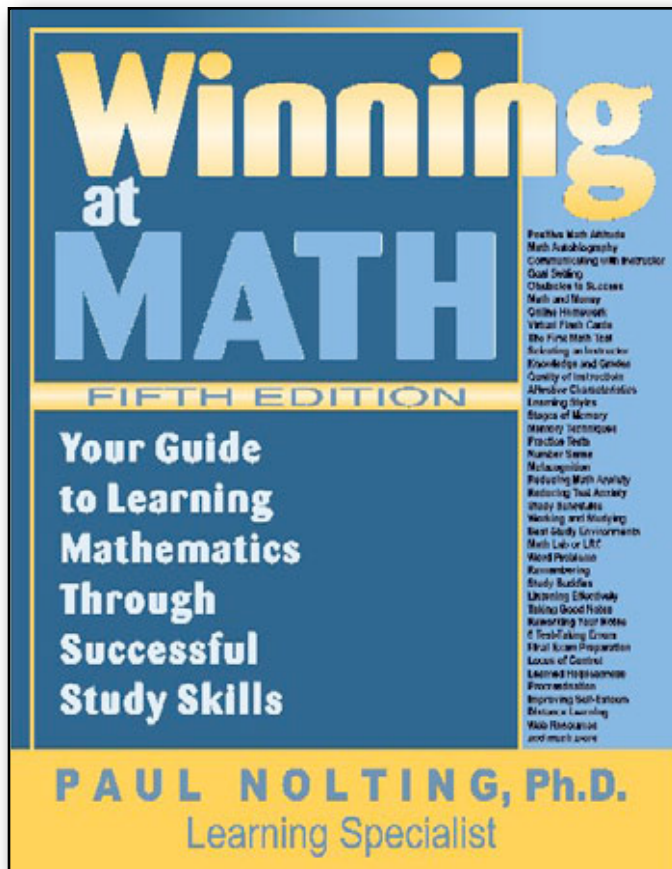
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Winning at Math: Your Guide to Learning Mathematics Through Successful Study Skills.



AUTHOR: DR. PAUL D. NOLTING
 Math Study Skills Textbook for College Students and High School Students Preparing for College

TOPICS INCLUDE:

- How Math is Different and How It Pays Off
- Assessing and Using Your Math-Learning Strengths
- How to Reduce Math Anxiety and Math Test Anxiety
- Positive Study Environments and Managing Your Time
- Understanding and Improving the Memory Process
- How to Improve Listening and Note-Taking Skills
- How to Improve Your Reading and Homework Technique
- How to Improve Your Math Test-Taking Skills
- How to Take Control and Motivate Yourself to Learn Math
- How to Help Students with Disabilities Learn Math
- How to Reduce Test Anxiety CD

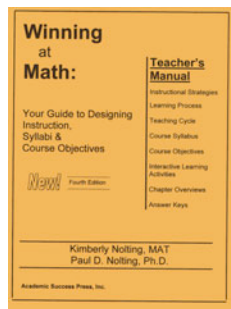
WINNING AT MATH (NO C3S) ISBN 0-940287-39-0 \$29.95
 WINNING AT MATH E-BOOK W/TEST ANXIETY CD \$24.95
 WINNING AT MATH WITH C3S ISBN 0-940287-40-4 \$37.95

See Page 8 for more information on the C3S Online Study Skills Program

Winning at Math can be used in a variety of different ways, by a variety of different people.

- College students taking their first college math course, or any math class thereafter.
- Faculty to use as a secondary textbook in their math courses and math study skills courses.
- College professors and counselors to use in college orientation courses
- College students taking online math courses

WINNING AT MATH: TEACHER'S MANUAL ONLINE E-BOOK



A GUIDE TO DESIGNING INSTRUCTION, SYLLABI AND COURSE OBJECTIVES

TOPICS INCLUDE:

- Chapter-by-chapter overview and answer keys
- Instructional strategies, learning process, course objectives
- Sample syllabi for different types of courses using Winning at Math
- Integrating math study skills into the math classroom
- Integrating math study skills into college success courses
- Interactive Learning Activities

ISBN 0-940287-42-0
 \$19.95

Winning at Math: Study Skills Computer Evaluation III- Revised

AUTHOR: DR. PAUL D. NOLTING

Web-based math study skills evaluation

Computerized math **study skills** evaluation that can be personalized for each student. 35 questions locate specific learning problems and provide a diagnostic print out with suggestions for improvement based on an overall math study skills score and sub-test scores.

The five sub-tests include:

- Study Effectively
- Memory and Learning
- Reading and Homework
- Classroom Learning
- Test Anxiety and Test Taking

Allows unlimited use and is site licensed for one entire campus.

Computer Evaluation III Edition (for WAM 5th Edition)
ISBN 0-940287-41-2 \$99.95



- Students can use evaluation diagnostic to help them design effective study strategies for their learning styles.
- Counselors can use this evaluation when helping at risk students pass math courses.
- Math instructors encourage their students to take the evaluation then design a study system to do well in math.
- Math learning assistants can refer students to the evaluation and then base one-on-one assistance on the diagnostic.

Students can take the survey at home, print it and then email the results to themselves and to their instructor. Based on the results, the survey will tell them the exact pages numbers and chapters they need to read in *Winning at Math*.

Math Study Strategies Web-Based Program & How to Reduce Test Anxiety CD

AUTHORS: PAUL NOLTING

Diagnostic Web-Based Math Study Skills and Calculation Skills Programs

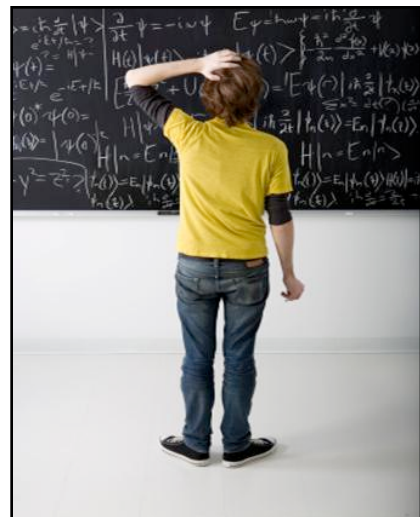
Math Study Strategies Web-Based Program : This program uses diagnostic assessments, math study skills and calculation skills training to help students improve their success in mathematics classrooms. It can be used as a separate course, or as a part of an existing course. The program is divided into three sections:

Introduction: This section explains how to use the program in a math classroom by improving math calculations, study skills, test-taking skills and reducing test anxiety.

Online Survey and Assessments: This section features a diagnostic Math Study Skills Evaluation and a Calculation Skill Assessment with prescribed calculation training.

Online Math Learning Modules: This section features modules on improving math study skills, test-taking skills and reducing test anxiety through *Winning at Math* text pages. It also features the How to Reduce Test Anxiety CD, as well as the Mastering Math DVDs and websites. Students are guided to the appropriate modules by their MSSE guide scores. (www.mathstudystrategies.com)

Program: ISBN 0-940287-56-0 Introductory offer-- \$34.95 each
How to Reduce Test Anxiety CD: ISBN 0-9402878-01-3 \$9.95 each



How to Ace Tests CD

Predict test questions; how to prepare for tests; five major points to being test-wise; six steps to diagnosing test-taking weaknesses.

CD ISBN 0-940287-02-1 \$9.95.

Web-Based Program for Online Math Students

**AUTHORS: PAUL D. NOLTING PH.D.
AND FITZROY FARQUHARSON ED.D.**

It's no secret that more and more students are taking online math courses these days. Most of these students, however, don't know if they have the proper skills required to be successful in these courses. Likewise, administrators find it necessary to offer these courses and want to ensure their efficiency, but are equally unsure of how to pull this off. The answers to these problems can be found through assessment.

The purpose of this web-based program is to:

1. Assist students in determining their readiness to take an online math course.
2. Provide remediation in six different areas to improve online math course success.

This program will help students make the right choice concerning online math instruction and/or assist them with the online learning transition.



ISBN 0-940287-56-0
Introductory offer- \$39.95 each

This program can be purchased as a separate course or incorporated within an existing math course. It features three reference links: My Results, Instructor Recommendations, Myths about Taking Online Math Courses. It also contains three sections with video clips and instruction:

Introduction: The introduction explains how to use this program with an online math course by improving math study skills, math calculations, test-taking skills, computer knowledge, and reducing test anxiety.

Online Survey: This section features a diagnostic Student Online Math Readiness Survey (SOMRS) that will assess your online math readiness. The survey will give students a total score, as well as six separate attribute scores indicating which learning strategies they need to improve upon. The results can be emailed to both the student and to the instructor.

Online Math Learning Modules: This section features modules on how to improve math study skills, test-taking skills and reducing test anxiety through *Winning at Math* text pages, the How to Reduce Test Anxiety CD, and the Mastering Math DVDs and Web sites. The results from the (SOLMRS) guides students to the appropriate modules, listed below:

Organization and Procrastination
Math Learning Skills
Math Test Anxiety and Test-taking
Math Academic Skills
Computer Skills
Math Learning Styles

Student Online Math Readiness Survey

Institutional license sold separately

Email Pnolting@aol.com for quote

ISBN 0-940287-57-9

Students can review the modules starting with their lowest score first and subsequently work their way to the highest score.

Access to the site can be found at www.mathreadiness.com.

Email Pnolting@aol.com to gain access.

Mastering Math Video Series: Available in DVD or Webstream formats.

Featuring Dr. Paul Nolting

Many students want to do well in their math classes but do not have a clue how to do so. These DVDs help students develop key learning strategies for math as well as strategies to manage any anxiety about math or tests that minimizes their efforts to learn.

A reproducible booklet, containing questions students can answer to help personalize the strategies, accompanies each DVD.

Excellent activity for labs, classes, orientation courses, individual counseling interventions and more.

Three Purchasing Options

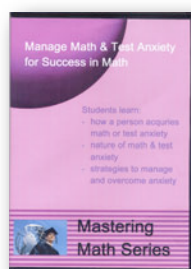
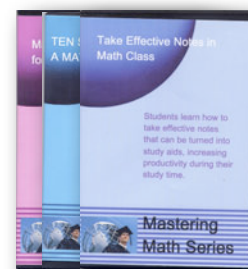
1. Package of all three DVD's along with a campus site license to place on college website or server. (Set includes significant discount.)
2. Package of all three DVD's for class, lab learning centers, athletic tutoring, counseling and other student support services. (Set includes significant discount.)
3. Individual DVD's (two copies) purchased with or without website permission.

Mastering Math Three DVD Package (Best Value)

- Contains all three Mastering Math Videos at a largely discounted price. Videos include Manage Math and Test Anxiety for Success in Math, Ten Steps to Taking a Math Test, Taking Effective Math Notes. (Comes with two copies of each individual DVD)

Three DVD Package (2 copies each)with Video Stream (Unlimited license for one campus): \$349.00 (ISBN: 0-940287-50-1)

Three DVD Package only (2 copies of each): \$149.00 (ISBN 0-940287-49-8)



Managing Math and Test Anxiety for Success in Math

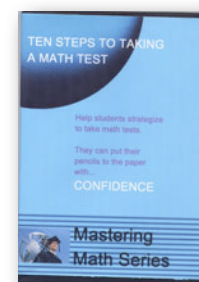
- Explains the meaning, origin, and symptoms of Math Anxiety.
- 30 minute runtime
- Features interviews with student's suffering from Math/Test Anxiety, as well as interviews with two leading national experts on Math Anxiety.

DVD with Video Stream (Unlimited license for one campus):\$199.00 (ISBN 0-940287-48-x)
DVD only (2 copies): \$99.00 (ISBN 0-940287-45-5)

Ten Steps to Taking a Math Test

- Presents an easy ten step program specifically designed to help students perform well on their Math Tests. 15 minute runtime is ideal for quick classroom viewing.
- Displays real students demonstrating the techniques as they are being described by Dr. Paul Nolting.

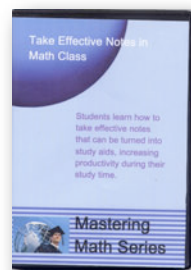
DVD with Video Stream (Unlimited license for one campus): \$99.00 (ISBN 0-940287-46-3)
DVD only (2 copies): \$35.00 (ISBN 0-940287-43-9)



Taking Effective Math Notes

- Presents an easy three step guide to taking effective classroom notes.
- Walks students through the creation of an organized notebook ideal for test preparation.
- Teaches students about both the two and three column note-taking methods.
- 18 minute run time is ideal for a quick classroom viewing.

DVD with Video Stream (Unlimited license for one campus): \$99.00 (ISBN 0-940287-47-1)
DVD only (2 copies): \$35.00 (0-940287-44-7)



Learning Assistance Training Manual

AUTHORS: PAUL NOLTING, PH.D., AND KIMBERLY NOLTING, MAT

LEARNING ASSISTANCE TRAINER'S GUIDE



Directors and supervisors of learning centers and tutoring services can use this manual as the basis for designing a consistent training program for learning assistants, supplemental instruction leaders, tutors, and study coaches.

Manual emphasizes designing learning experiences that help students become productive and independent learners. Manual provides informative text and follow-up activities.

This manual includes units on:

- Writing a mission statement and guiding principles for developing a focused learning assistance program.
- Understanding learning styles and modalities.
- Understanding the learning and memory process and implications for one-on-one learning.

Provides session plans that can be used as guides for facilitating learning assistance training.

150 pages, ISBN 0-940287-32-3

Price for Manual and facilitator's guide-
\$149.95

Learning Resource Center/Math Lab Resource Kit

**AUTHORS: DR. PAUL D. NOLTING AND
KIMBERLY NOLTING**

This kit provides resources to improve the success of math students.

The benefit of this kit is to improve student success by:

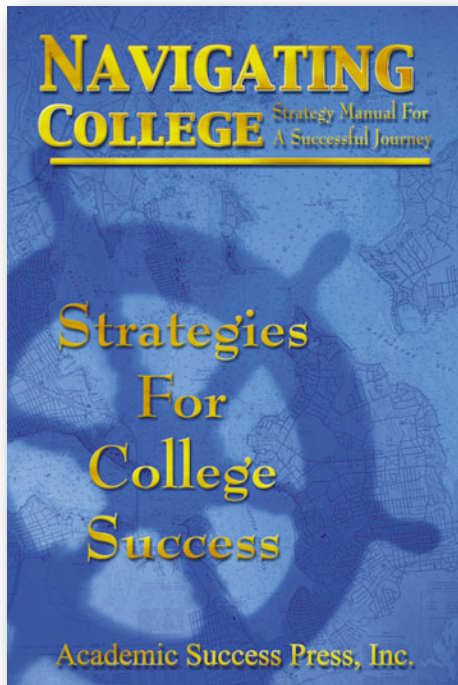
- Assessing students' math study skills
- Personalizing a prescription to improve math study skills.
- Providing strategies to reduce students' math and test anxiety
- Training students to improve their math note-taking.
- Training students to improve their test-taking techniques
- Training tutors to help math students become independent learners.

The kit contains:

- Winning at Math- Two Student Texts
- Winning at Math: Study Skills Computer Evaluation III- Revised- unlimited use for one campus.
- Mastering Math Three DVD Package, two DVDs each. (Managing Math Anxiety, Ten Steps to Taking a Math Test, Taking Effective Math Notes)
- How to Reduce Test Anxiety CD
- Learning Assistance Training Manual- unlimited duplication.

Sold Separately, items total \$514.75 but purchased as a kit, will only cost \$349.95 + \$35.00

Navigating College: Strategy Manual for a Successful Voyage



AUTHOR: KIM NOLTING

Chapters and activities for new college students, all based in student persistence research.

The student textbook can be a stand alone curriculum or infused into other curriculum. Excellent supplemental textbook for writing classes, study skills courses, freshmen orientation courses, and other delivery systems for academic support.

ISBN 0-940287-36-6

\$24.95

Navigating College eBook available on www.navcollege.com

Navigating College is a versatile tool which can be used in a variety of different ways:

- College students can purchase and use activities on their own to adjust to college.
- High school students preparing for college can read the book the summer before and develop strategies to use during the first few weeks of their college experience.
- Returning adults can use the portfolios to get back in the groove of being in college.
- Counselors can use the activities when they work one-on-one with students.

Reading and Activity Units include:

Exploring Your Learning Profile: personality and learning styles, developing healthy attitudes and self-perceptions, learning the best way for you to study, building a support system.

Getting Engaged in Learning and College: getting along with professors, making collegial friends.

What is Learning?: expectations of college learning, self-regulated learning, active learning, deep learning.

Designing Study Maps: creating study systems for each class

Learning Strategies for Different Academic Courses: studying for history, science, composition, behavioral sciences and math

Navigating College: Teacher's Manual

Suggestions for integrating Navigating College into college success courses, including mentoring programs, one-on-one counseling/advising plans, English and Reading courses. Available for download at www.academicssuccess.com

AUTHOR: KIM NOLTING

Teaching and lesson plans to work with the Navigating College Student Textbook

ISBN 0-940287-37-4, \$19.95

College Study Skills and Strategies (C3S), online study skills program

**AUTHORS: CHARLES MANGRUM, ED.D AND
STEPHEN STRICHART, PH.D**

An online, web-based or file server interactive program that assesses study skills and provides curriculum in developing effective study skills. Three powerful components: assessment, instruction and management. Appropriate for suspended students.



A few uses for the C3S include the following:

- Colleges can use it as an online course for all new students.
- Faculty can use it as a supplement for online or distance learning courses.
- Learning centers can house it as supplementary curriculum or a self-paced individual course.
- Faculty and counselors can use it as part of college orientation curriculum.

Assessment: Assesses students' use of study skills and strategies taught in C3S. Generates a narrative of student's strengths and weaknesses in studying. Report indicates whether student needs instruction, needs review, or needs no instruction. Call (941) 359-2819 for a free demo disk.

Instruction: Interactive instruction is separated into five units.

Unit 1: *Studying Effectively*- Organize study place, time management, to do-list

Unit 2: *Remembering Information*- Memory strategies

Unit 3: *Reading and Taking Notes from Textbooks*- SQ5R and others

Unit 4: *Taking Notes in Class*- FLQ5R to improve note-taking and memory

Unit 5: *Preparing for & Taking Tests*- Test preparation, multiple-choice, others

Management: Controls what students and faculty have access to in the program.

Allows faculty to:

See results of student instructional application

Select instructional units for different student groups

Review and make comments about student instructional assessments

Track how many times the student has accessed the program

Email students directly from the site

Print-friendly function to provide hard copies.

Pricing is as follows per student for six months use from the time they login with no minimum order:

1-99 students-	\$14.95	250-499 students-	\$9.95	1000+ students-	\$4.95
100-249 students-	\$12.95	500-999 students-	\$7.95		

An unlimited number of faculty and staff get free access for any size order. There is no time limit on faculty use.

Study Skills for Learning Disabled and Struggling Students-- 4th Edition

**AUTHORS: CHARLES MANGRUM, ED.D., AND
STEPHEN STRICHART, PH.D.**

The 244-page reproducible activity book provides resources for teacher and/or student use.

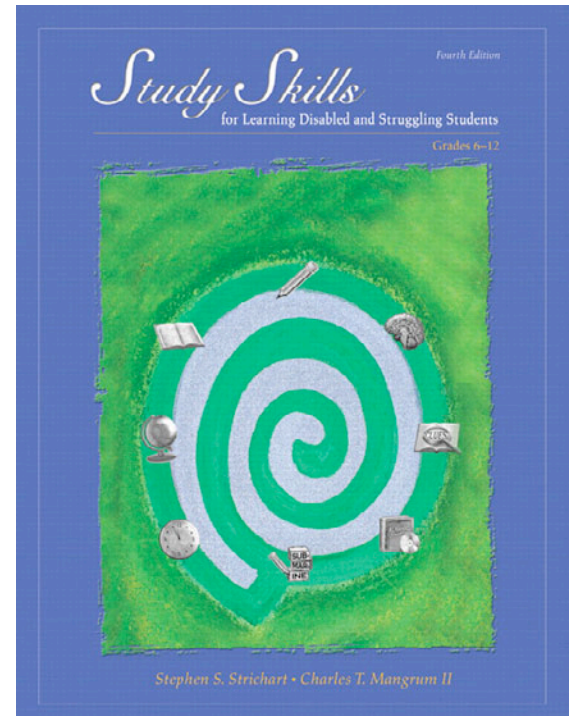
Curriculum that can be used individually or in small groups.

- Easy to Read
- Strategies that address different learning disabilities, ADD
- Strategies simplified to address learning disability situation
- Includes Teacher's Guide CD-ROM

Students can use this book to assess their study skills and then strengthen their learning by using the suggested strategies.

Counselors and advisors can use this as a resource for students who are on probation or at risk in their classes.

Learning centers can keep this as a resource for students who just need a clue about studying.



Offered in different packages to fit your individual needs.

After a 15-minute assessment, program prints a diagnostic profile and narrative report. The computer assessment identifies the study skills and strategies a college student must learn, like:

- Good Studying Techniques
- Taking Notes in Class
- Remembering Information
- Reading and Taking Notes from Textbooks
- Solving Math Word Problems
- Making Good Use of Study time and Space
- Using Reference Sources
- Interpreting Graphics
- Using the Library
- Taking Test
- Building Vocabulary
- And much more

Item 201	Assessment with license for installation in 1 computer at 1 site and 1 FREE reproducible book	ISBN 978-0-13-714660-4 \$189.00
Item 202	Assessment with license for installation in 5 computers at 1 site and 1 FREE reproducible book	ISBN 978-0-13-714660-4 \$309.00
Item 203	Assessment with license for installation in up to 30 computers at 1 site and 1 FREE reproducible book	ISBN 978-0-13-714660-4 \$499.00
Item 204	Assessment with license for installation in more than 30 computers at 1 site and 1 FREE reproducible book	ISBN 978-0-13-714660-4 \$699.00
Item 205	Additional reproducible activity books or reproducible book without license	ISBN 978-0-13-714660-4 \$35.00

Tutor Training Manual for Disabilities Services Revised

AUTHORS: KIMBERLY NOLTING AND PAUL D. NOLTING

Reproducible book for training individuals who work with students with learning disabilities.

Directors of offices for disabilities, counseling services and learning assistance centers can use this manual to train those who help students with learning disabilities learn content and how to study.

Manual emphasizes designing learning experiences that help students become productive and independent learners by understanding their processing deficits and identifying study strategies that help them learn information in alternative ways. Manual provides informative text and follow-up activities.

This Manual Includes Units on:

- Understanding the learning and memory process and implications for students with LD.
- Understanding Learning Disabilities.
- Tutor Training- The learning assistance, one-on-one cycle that helps students also learn how to design their own independent study time, and that helps learning assistants build informal assessment and student feedback.

Facilitator Supplement for Tutor Training and Disabilities- Second Edition

AUTHORS: KIMBERLY NOLTING AND PAUL D. NOLTING

Reproducible training guide provides strategies for designing the training sessions.

Provides session plans that can be used as guides for facilitating learning assistance training.

150 pages, ISBN 0-940287-29-3
Document is printed off the Web- reproducible

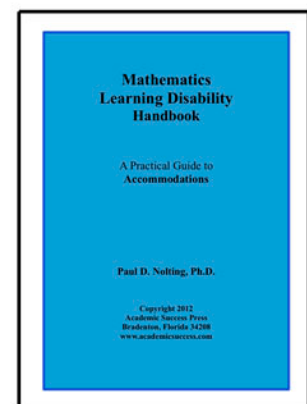
Price for Manual and facilitator's
guide- \$149.95

Mathematics and Disabilities Handbook: Guide for Students with LD, ADHD, TBI and Wounded Warriors-- eBook

AUTHOR: PAUL NOLTING, PH.D.

Research and practical suggestions for math instructors, disability coordinators, veteran coordinators, 505/ADA coordinators, learning resource staff and students with disabilities.

Counselors, instructors and disabilities directors who teach or advise students with learning disabilities can use this book as a reference for understanding the impact of the processing deficits on learning math, for interpreting diagnostics, and selecting appropriate accommodations. Academic and student deans, vice presidents or disabilities directors may use this book as a reference for legal issues such as appropriateness of accommodations, course substitutions, testing accommodations, and writing appropriate policies and procedures in light of current legal case studies and laws. Veteran offices can use this to help veterans with TBI and PTSD succeed in college.



ISBN 0-940287-78-1

\$49.95

416 Pages (downloadable text)

Success Kit for Students with Disabilities Revised 2012

AUTHORS: PAUL NOLTING, PH.D, CHARLES MANGRUM II, ED.D., STEPHEN STRICHART, PH.D. AND KIMBERLY NOLTING, MAT

Package built to help students with LD, ADHD, TBI, PTSD, other disabilities and wounded warriors improve college success. The package guides ODS staff, faculty, learning specialists, counselors, and veterans staff in using proper accommodations by providing leadership in the legal areas of accommodations, learning strategies, and instructional strategies and by providing substitutions and other responsibilities colleges must follow.

Kit can be divided into three sections: institutional resources, math study skills resources, and general study skills resources.

Institutional resources can help faculty and administrators understand how disabilities affect learning and also provides training resources for tutors and faculty. Kit provides math and general study skills materials that students can use individually with minimal guidance. Computer programs analyze general and math study skills and refer to other package products as resources. Other books explain LD, TBI, ADHD, PTSD and many issues about providing services for students with disabilities. Other materials provide training activities to help those who work one-on-one with these students.

Includes the following products:

Institutional Resources

Math and Disabilities Handbook: LD, ADHD, TBI, PTSD, WW--New

eBook for disabilities/ADA coordinators, faculty and chairs

Tutor Training for Disabilities Services--Revised

Reproducible manual

Facilitator Supplement for Tutor Training

Reproducible manual

Math Study Skills Resources

Winning at Math 5th Edition

Winning at Math Study Skills

Student Math Study Skills Textbook
Unlimited diagnostic software usage

Web-Based Evaluation Software

Usage referring to pages in Winning at Math

Managing Math and Test Anxiety
Ten Steps to Taking a Math Test--New
Taking Effective Math Notes--New

DVD (2 Copies of each) for single computer

General Study Skills Resources

Study Skills for Learning Disabled and Struggling Students--4th Edition

Diagnostic Software for Study Skills for Learning Disabled and Struggling Students

Reproducible book with chapters that can be copied according to students' needs

For one computer

Sold Separately, items total \$687.80 but purchased as a kit, will only cost \$495.95 + \$39.00 shipping! Save \$191.85!

Academic Success Institutional Support Programs



The consultants and presenters of Academic Success Press are national experts and Dr. Paul Nolting can be reached at pnolting@aol.com.

Academic Success and its team of consultants and workshop presenters provide just about any level of support needed for institutions to improve student success. This can include Presentations/Keynote addresses, Workshop Training, Consulting and Program Evaluations.

The consultants at Academic Success have provided institution support to over 100 colleges and universities on topics such as Integrating Math Study Skills into the Curriculum, Reducing Math Test Anxiety, Improving Developmental Education, First Year Experience, Improving Math Instruction, Tutor Training, Math Summits, Improving Self-Efficacy and Disabilities for faculty, counselors, administrators and students. For more information go to the Consulting and Workshop section at www.academicssuccess.com

Presentations/Keynote Addresses

Presentations are standard lecture format. We present information on a topic of interest with limited audience participation. An example of this would be a lecture on student and faculty learning styles.

Workshop/Training Session

Workshop/Training Sessions are a combination of a lecture and the involvement of the participants in training exercises. The training will involve individual and group work. An example of this would be a faculty demonstration on how to integrate math study skills into the math classroom.

Consulting

Consulting involves the collection of data in a single area of concern and then the use of that data to make decisions on changing institutional processes unique to your college or university. We then provide workshops and training sessions based on these results, putting the newfound information to immediate use. An example of this might include a total review of a math department's overall effectiveness, followed by a full and detailed report that would suggest improvement strategies and curriculum changes with follow up research.

Program Evaluation

Program Evaluations are a lot like our consulting services, except that they take things one step further. An evaluation involves the review of one or more departments (or even an entire institution) in order to determine institutional effectiveness. Data is collected and then a meeting is held between departments. Finally, workshops and other training services are provided. An example of our evaluation measures might include assisting institutions with their Quality Enhancement Plan (QEP) or accreditation processes.

Some of the institutional support areas include:

- Integrating Math Study Skills into the Math Curriculum
- Developmental Student Success: A Research and Teamwork Approach
- Reducing Students' Math and Test Anxiety to Improve Grades.
- Learning Assistance/Tutor Training: Learning Styles and Learning Process
- Integrating Math Study Skills and Anxiety Reduction into Advisement
- Math Summit: Improving the Success of Math Students and Institutional Approach
- Developing a Math Study Skills Course
- Helping Veterans Adjust to College
- Learning Styles and Instruction: Improving Student Success
- Teaching, Tutoring and Accommodations for Students with LD, ADHD and TBI
- Integrating Learning Strategies and Study Skills into the Classroom.

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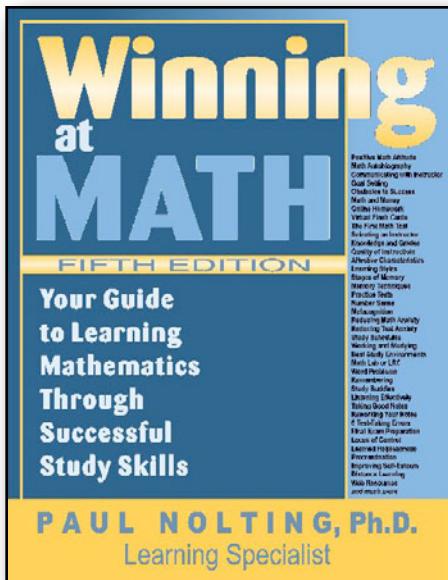
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